Pre-K

Pre-K eLearning Guide- Week 3
April 27 - May 1, 2020

ENGLISH/Language Arts

Objectives
● Students will identify and name letters and letter sounds.

For Parents
● Write all uppercase and lowercase letters on separate pieces of paper. Choose about 5 letters to focus on each day and place them randomly on the ground. Call out a letter or sound and ask your child to hop on it to identify it. Focus on letters in your child's first name. Then, progress to your child's last name. If your child needs a challenge, place three letters on the ground to create simple words for your child to hop on and read. For example, place the letters c, a, t on the ground and ask your child to hop on the letters and recite the sounds to form a word.

For Students
● Listen to the letter or letter sound called out by the parent. Follow directions to hop onto the correct letter or sound.

Enrichment
● Find interactive letter songs on YouTube to extend learning.
  ● Jack Hartmann Kids Music Channel
  ● TheLearningStation - Kids Songs and Nursery Rhymes
  ● Have Fun Teaching
Objectives

- Students will count verbally and count objects.

For Parents

- Create counting bags with various objects to represent different numbers. For example, 5 buttons, 6 clothespins, 7 Cheerios, 8 pennies, etc. Place these bags around the house and instruct your child to find the bags. Once a bag is found, the child will count the objects inside the bag. Next, the child will put the objects back inside the bag. Then, the child will verbally count aloud that number while walking to find the next counting bag. For example, if the child just counted five items in the last bag, he or she will count “1, 2, 3, 4, 5” while searching for the next bag. Focus on counting 1-5 objects for the first couple of days. Then, progress to counting 6-10 objects. Challenge with counting higher numbers.

- A different way to practice counting involves a spray bottle. This activity can be done outside or in the bathtub. The adult can verbally say a number or show a written number to the child. Then, the child uses the spray bottle to spray and count the number. Focus on numbers 1-5 for the first couple of days. Then, progress to numbers 6-10. Challenge with higher numbers.

For Students

- Listen to adult directions and find the counting bags. Count the objects, place them back inside the bag, and verbally count the number while searching for the next bag. Use the spray bottle to spray and match the number the adult says.

Enrichment

- Find interactive number songs on YouTube to extend learning:
  - Jack Hartmann Kids Music Channel
  - TheLearningStation
  - Have Fun Teaching
Pre-K eLearning Guide- Week 3
SOCIAL EMOTIONAL CONNECTION

Objectives

● Students will manage feelings with breathing strategies.
● Students will follow limits and expectations.
● Students will identify basic emotions.
● Students will create basic emotions and recall those feelings.
● Students will regulate emotions and balance the needs of self and others.

For Parents

● Monday:
  ○ Learn and practice Conscious Discipline breathing strategies. First, model how the breathing strategy is used. Then, have your child practice the breathing strategy with you. The goal is for your child to use this technique by himself or herself “when the going gets tough.”
● Tuesday:
  ○ Play “Simon Says”. The adult plays Simon first and gives directions to the child to follow. For example, “Simon says hop up and down five times.” Then, the child follows the direction. If Simon doesn’t say “Simon Says” before the directions, the child does not follow the direction.
● Wednesday:
  ○ Go on a feelings and emotions scavenger hunt. The adult places different emotions inside and outside the house such as a smiley face, frowny face, nervous face, etc. on post-it notes or pieces of paper. The child searches for the emotions and recalls a time feeling the emotion to the adult.
● Thursday:
  ○ Use a mirror to practice making and identifying different emotions. Talk about what is seen and share different times that emotion can be felt. For example, make a happy face and share, “I see open eyes and a mouth curled up. I am happy when I eat ice cream.”
● Friday:
  ○ Play a simple board game or card game. For example, Candyland, Chutes and Ladders, and Go Fish.

For Students

● Follow adult directions. Have fun!
Objectives
● Students will use scientific inquiry skills to help cook with an adult.
● Students will complete an obstacle course.
● Students will write a grocery list.
● Students will create with shaving cream.

For Parents
● Science Activity:
  ○ Allow your child to help cook a meal. Talk with your child about the steps and directions to follow for making the meal. Involve your child with measuring certain items and pouring certain items into a pot or pan. Allow your child to ask questions throughout the entire process and ask a few questions to your child. For example, “Which measuring utensil holds more? Which pan is smaller? How do you know?”

● Physical Activity:
  ○ Create an obstacle course for your child either inside or outside your house. Make it as simple or as challenging as you wish depending on the materials you use. Include various objects and movements such as hopping, skipping, running, balancing, jump rope, throw a ball, kick a ball, etc.

● Writing Activity:
  ○ Include your child to help write the grocery list. For example, if you need apples, help your child sound out the word as your child writes the letters on a piece of paper to spell the word. Try not to write the word and have your child copy it. Model how to sound out a word as writing it on paper.

● Art Activity:
  ○ Place shaving cream on a table or in the bottom of a bathtub. Allow your child to draw or write freestyle in the shaving cream.

For Students
● Science Activity: Follow directions and assist an adult when asked.

● Physical Activity: Complete the obstacle course. Have fun!

● Writing Activity: Try your best to write items for a grocery list. Say the item and listen to each sound in the word. Write the letters down for the sounds that you hear.

● Art Activity: Create with shaving cream. Play and have fun!